

Series Psalm 23 "The Lord Is My Shepherd"
"I Shall Not Want For Restoration"
Psalm 23:3
Part-3

Psalm 23:3 He restores my soul; Contains two great truths:

- 1. I Need Restoration - He restores my soul;**
- 2. Shepherd Gives Restoration - He restores my soul;**

Scripture repeatedly notes we are like strayed sheep, 1 Peter 2:25

Verses 1-4 The Lord My Shepherd:

- 1. I Shall Not Want: Verse 1**
- 2. I Shall Not Want For Rest: Verse 2**
- 3. I Shall Not Want For Restoration: Verse 3**
- 4. I Shall Not Want For Guidance: Verse 3**
- 5. I Shall Not Want For Safety: Verse 4**

Verses 5-6 The Lord My Host:

- 6. I Shall Not Want For Provision: Verse 5**
- 7. I Shall Not Want For Eternity: Verse 6**

"A Shepherd Looks at Psalm 23" By Phillip Keller

The Thought Of Our Passage: Since The Lord Is My Shepherd I Shall Never Want Nor Shall I Lack Restoration.

We will Look At 2 Areas In Our Study:

- 1. I Need Restoration:**
- 2. Shepherd Gives Restoration:**

1. I Need Restoration:

Psalm 23:3 restores my soul; is a Hebrew idiom which means "*brings me to repentance, or (conversion)*" **soul** – "*life*" since the metaphor is that of shepherding the words probably mean, "*the Lord restores me back to physical health, (or salvation) He brings me back, the shepherd brings back a lost sheep, a cast sheep. He revives me through repentance.*"

Condition Called "Cast Sheep" or "Cast Down Sheep" – Phillip Keller said, "A heavy, fat or long fleeced sheep will lie down comfortably in some little hollow or depression in the ground. It may roll on its side slightly to stretch out or relax. Suddenly the center of gravity in the body shifts so that it turns on its back far enough that the feet no longer touch the ground. It may feel a sense of panic and start to paw frantically. Frequently

this only makes things worse. It rolls over even further. Now it is quite impossible for it to regain its feet.”

Pictures Cast Sheep

Shepherds Keep Watch - The only one who can restore the sheep to health is the shepherd. ***The shepherd will gently rub the legs until the sheep is able to stand.*** Luke 15:4

Predators Keep Watch - Buzzards, vultures, dogs, coyotes, and cougars. **It is the biggest, healthiest, strongest ones who become casualties.** 1 Corinthians 10:12

“The Lord our shepherd will get us back on our feet!”

Peter (became Cast) he denied the Lord **three times Matthew 26:70-74; Luke 22:61-2**

Psalm 42:11; Psalm 119:176

He restores my soul; Why do sheep need to be restored?

Sheep Become Preoccupied With Eating:

Isaiah 53:6; Jeremiah 50:6

Sheep drift off, so do we. We can get lost in our day-to-day activities.

Matthew 13:22

Sheep Find A Rut In The Pasture To Rest: *Sheep can sit on, then lay on their sides, then they may lose their balance and go on their backs, then can't get back up. May eat too much, lay down, lay on their backs, and cannot get right-side up without the help of the shepherd.*

Christian's Look For The Comfortable Spot:

Luke 9:23 and take up his cross daily and follow Me.

Revelation 2:4-5

The Sheep's Wool Gets Overgrown, They Become Overweight:

Healthy sheep's wool grows and if they are eating well, they can become overweight. **Wool** – represents *“the old life”* Clogged with filthy manure, mud, burrs, sticks, ticks; the sheep is relieved to be sheared. God's Word cuts and removes the old wool.

Christian's Can Constantly Be Taking In But Not Giving Out:

Christians that become intoxicated with learning, and not practicing; they know what's wrong with everyone but themselves.

How Do We Become Cast Like Sheep? (5 Common Reasons)

- 1. Neglecting Prayer – We become cast and in need of restoration. We begin to backslide in the prayer closet.**
- 2. Neglecting God's Word –** we can't grow apart from the Word. When the Bible speaks God speaks.
- 3. Neglecting Fellowship –** I don't want to go to church, I am tired
We love God's people, wanting to be together is a sign of conversion.
1 John 3:14 All the verses in the NT "one another"
- 4. Neglecting Holy Living –** Our thought life. Mind filled with ungodly thoughts. Filling our minds with worldly things.
- 5. Neglecting Confession And Repentance –** The Holy Spirit convicts us and we ignore it! We harbor sin and separate ourselves from God.
Isaiah 59:2

2. Shepherd Gives Restoration:

Psalm 23:3 He restores my soul;

He restores my soul; David Knew About Falling and The Need of Restoration! David's great sin with Bathsheba, the murder of her husband.

2 Samuel 11:1-5

2 Samuel 11:6-13 David's Attempt To Cover His Sin:

2 Samuel 11:14-17 David Had Uriah Killed In Battle:

David during this period, about a year, was in turmoil because of sin.

Psalm 32:3-4

"Depression" or Manic Depression - bipolar disorder, formerly called manic depression

David's Joy Was Gone - Psalm 51:8, 12

David Was Restored - 2 Samuel 12:1-14

How God Comes To Us:

Discipline – Exposes our sin, no peace, nothing works
Hebrews 12:5-6,11

Conviction Through The Holy Spirit – Psalm 51:11; I believe the dispensation that we are in, God does not take away the Holy Spirit from us, **Ephesians 4:30-32**

Psalm 119:67 Before I was afflicted I went astray, But now I keep Your word.

Confession – “*to agree*” After David was confronted, he confessed his sin he said the following words. **Psalm 51:1-4; Psalm 32:5**

Joel 2:25

Application:

1. People Like Sheep Become Cast And Unable To Get Up Without The Shepherds Help. We Become Preoccupied Doing Good Things But Neglecting The Best. We Can Resist The Shepherd Becoming Cast.
2. The Lord Our Shepherd Seeing Our Condition Will Restore Us Back To Life Through Repentance. He Will Get Us Back On Our Feet.
3. God Comes To Us Through Discipline, The Conviction Of The Holy Spirit Leading Us To Confession, Repentance And Then Faith In God.